

**PEORIA AREA EMS SYSTEM  
PEDIATRIC PREHOSPITAL CARE MANUAL**

**Pediatric Pain Control  
Protocol**

Pain, and the lack of relief from the pain, is one of the most common complaints among patients. Pediatric pain must not be ignored and must be identified and treated if appropriate. The prehospital provider must use clinical observations and a pain scale to rate the pain of the child.

**First Responder Care**

First Responder Care should focus on the reduction of the patient's anxiety due to the pain.

1. Render initial care in accordance with the *Routine Pediatric Care Protocol*.
2. Assess level of pain using the *Pain Assessment Scale (0-10)* or the *Wong-Baker Faces Pain Rating Scale*.
3. Place patient in a position of comfort.
4. Reassure the patient.
5. Use distraction therapy to help reduce the patient's anxiety (e.g. stuffed animals, discussing favorite foods, toys, etc.)
6. Consider ice or splinting.
7. Reassess level of pain using the approved pain scale.

**BLS Care**

BLS Care should focus on the reduction of the patient's anxiety due to the pain.

1. BLS Care includes all of the components of *First Responder Care*.
2. Initiate ALS intercept, if indicated.

**ILS Care**

ILS Care should focus on the reduction of the patient's anxiety due to the pain.

1. ILS Care includes all of the components of *BLS Care*.
2. Initiate ALS intercept, if indicated.

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**ALS Care**

ALS Care should focus on the pharmaceutical management of pain.

1. ALS Care includes all of the components of *ILS Care*.
2. Cases involving pain control of the pediatric patient require **Medical Control order**:

**Morphine Sulfate:** 0.1mg/kg IV/IM (*max single dose: 2mg*) every 5 minutes to reduce the patient's anxiety and severity of pain.

*If the patient is allergic to Morphine or if Morphine is not effective:*

**Fentanyl:** 1mcg/kg IV over 2 minutes for pain (*max single dose: 50mcg*). Fentanyl 1mcg/kg may be repeated one time in **5 minutes**.

**Midazolam (Versed):** 0.1mg/kg IV over 1 minute (*max single dose: 2mg*). May repeat Midazolam (Versed) 0.1mg/kg IV once in **5 minutes**.

**OR**

**Midazolam (Versed):** 0.2mg/kg IM (*max single dose: 5mg*) if attempts at IV access have been unsuccessful. May repeat dose one time in **15 minutes**.

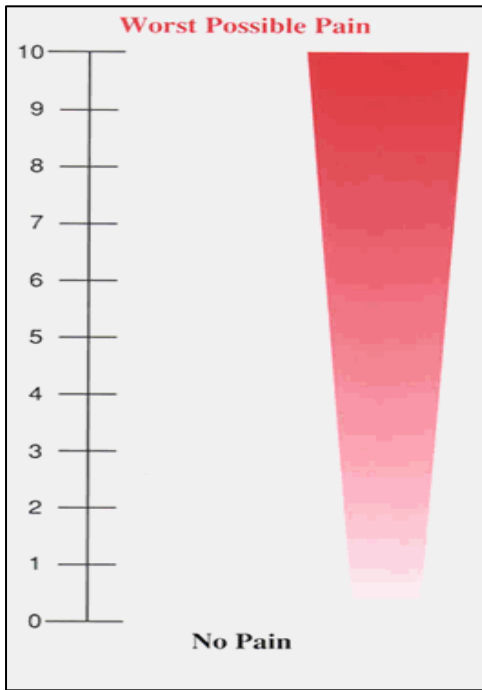
**Critical Thinking Elements**

- Closely monitor the patient's airway – have BVM, suction and/or intubation equipment readily available.
- **In patients with known renal failure, the Fentanyl dose must be reduced to 0.5mcg/kg (max single dose: 25mcg). The dose may be repeated one time.**

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**Pain Assessment Scales**



**0-10 Numeric Pain Scale**



**Wong-Baker Faces Pain Rating Scale**

